

# Privacy statement Montgó Lifestyle S.L.

## Article 1. Legal frameworks for the processing of personal data

Montgó Lifestyle S.L. is a company focused on carrying out work in the healthcare sector or lifestyle coaching. With regard to the business activities of Montgó Lifestyle S.L. the following legal frameworks apply:

- *The General Data Protection Regulation (hereinafter referred to as: GDPR);*
- *The General Data Protection Regulation Implementation Act (hereinafter referred to as: UAVG).*
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## Article 2. Description of personal data

Montgó Lifestyle S.L. may process personal data about you, because you use the products and / or services of Montgó Lifestyle S.L. and / or because you have provided your personal data to Montgó Lifestyle S.L. yourself. Montgó Lifestyle S.L. may process the following personal data: *your first and last name, your address details, your date of birth, your gender, your telephone number, your e-mail address, your payment details and your IP address. In addition, also information about the problem description of the client.*

## Article 3. Purposes of the processing of personal data

Your personal data will only be processed on a just basis and only for specific, explicit and legitimate purposes. Your personal data may be processed by Montgó Lifestyle S.L. are processed for: *entering into and executing an agreement with you, having the payment take place, keeping you informed of the progress of the agreement.*

## Article 4. Retention period for personal data

Montgó Lifestyle S.L. does not store your personal data longer than is strictly necessary to achieve the purposes for which your personal data were initially collected (see article 3). In any case, your personal data will not be stored for longer than 10 years (based on the period set by the Tax and Customs Administration for the storage of records).

## Article 5. Processing of personal data with third parties

Montgó Lifestyle S.L. only provides personal data to third parties if this is necessary for the execution of our agreement with you or to comply with a legal obligation. Montgó Lifestyle S.L. may provide your personal data to a payment processor in order for payment to be made for the purchased services.

## Article 6. Marketing activities

Montgó Lifestyle S.L. keeps, in the context of its marketing activities, the general visitor data of the visitors of its visitors. In this context, in particular, the IP address of your computer and the time of the retrieval of data, which a visitor's browser sends, can be recorded. This data can be used for statistical analyses of visiting and clicking behaviour on the website and is anonymised as much as possible.

## Article 7. Processing of personal data of minors

Montgó Lifestyle S.L. only processes personal data of minors (persons under the age of 16) if written permission has been given by the parent, guardian or legal representative. However, Montgó Lifestyle S.L. cannot check whether a visitor is 17 years of age or older. Montgó Lifestyle S.L. therefore advises parents, guardians or legal representatives to be involved in their children's online activities, in order to prevent the personal data of their children from being collected without their parental consent.

## Article 8. Security of personal data

Montgó Lifestyle S.L. handles your personal data with care and treats it confidentially: your personal data will only be processed by persons with a duty of confidentiality and only for the purpose for which the personal data were collected. In doing so, Montgó Lifestyle S.L. ensures appropriate security of the personal data. Montgó Lifestyle S.L. protects the personal data entrusted to it by means of technical and administrative security measures.

to minimize the risk of loss, misuse, unauthorized access, disclosure and modification of the personal data. You can think of firewalls, encryption of data and physical and administrative access controls to the data and servers. If you still think that data has been misused, you can contact Montgó Lifestyle S.L. (see article 13 for contact details).

## **Article 9. Rights of data subjects**

Montgó Lifestyle S.L. honors all rights of you as a data subject. The data subject is the natural person to whom the processed or to be processed personal data relate. The GDPR also aims to protect the data subjects as well as possible when processing their personal data. In order to guarantee this protection and fair processing of personal data, the GDPR provides the data subject with a number of rights that the data subject can exercise or invoke against the controller (in this case Montgó Lifestyle S.L.).

The data subject has the right to information about the processing of his/her personal data, the right to access his/her personal data, the right to correct, rectify or supplement any inaccurate personal data, the right to erasure of the personal data ("the right to be forgotten"), the right to restriction of the processing of his/her personal data, the right to object to the processing of his/her personal data, the right to transfer his/her personal data ("data portability"), the right not to be subject to automated decision-making and the right to object to the processing of personal data.

You can submit a request to assert one of the rights mentioned above by sending an e-mail to: [info@montgolifestyle.com](mailto:info@montgolifestyle.com). Montgó Lifestyle S.L. will respond to your request as soon as possible, but in any case within 4 weeks.

## **Article 10. Cookies**

Montgó Lifestyle S.L. uses cookies. A cookie is a small text file that is stored in the browser of your computer, tablet or smartphone when you first visit this website. Montgó Lifestyle S.L. uses cookies with a purely technical functionality. On your first visit to the website, Montgó Lifestyle S.L. has already informed you about the use of these cookies and Montgó Lifestyle S.L. has requested your consent to the placing of the cookies.

### **10.1 Third party cookies**

It is possible that third parties, such as Google, advertise on the Montgó Lifestyle S.L. website or that they use another service. In some cases, these third parties place cookies for this purpose. These cookies cannot be influenced by Montgó Lifestyle S.L.

### **10.2 Analytics cookies**

To collect statistics on the use and visit of the website, Montgó Lifestyle S.L. uses analytics services. This data is analysed by the provider of these analytics services and the results are provided to Montgó Lifestyle S.L. In this way, Montgó Lifestyle S.L. gains insight into how the website is used and can adjust the website and/or its products if necessary on the basis of this data. If required by law, the analytics service may provide this information to third parties.

### **10.3 Tracking cookies**

Montgó Lifestyle S.L. uses third-party cookies on its website that can provide you with personalised offers based on your surfing behaviour. Through the website, a cookie is placed on your device with a unique number. The cookies make it possible to recognize your device if, after visiting the Montgó Lifestyle S.L. website, you surf to another website, which is part of the same advertising network. This makes it for Montgó Lifestyle S.L. possible to show you on those other website advertisements. The resulting profile is not linked to your name, address, e-mail address and the like, but only serves to tailor advertisements to your profile, so that they are as relevant as possible for you.

#### **10.4 Functional cookies**

The functional cookies ensure that the website works properly and that, for example, the preferred settings are remembered (for example, the language in which a visitor wants to read the website). The functional cookies are also used to make the website work properly and to be able to optimize it.

#### **10.5 Opting out of cookies**

You can opt out of cookies by setting your internet browser so that it no longer stores cookies. In addition, you can also delete all information previously stored via the settings of your browser. You should take into account that deleting cookies may result in certain parts of the website not working or no longer working properly. Refusing and deleting cookies only affects the computer and browser on which you perform this action. If you use multiple computers and/or browsers, you must perform the aforementioned operation on each device and/or browser.

#### **Article 11. Changes to the Privacy Statement**

Montgó Lifestyle S.L. reserves the right to change this Privacy Statement. Changes will be published on the website of Montgó Lifestyle S.L.: [www.montgolifestyle.com](http://www.montgolifestyle.com)

#### **Article 12. Questions and/or complaints**

If you have a question and/or a complaint about the processing of your personal data, you can contact Montgó Lifestyle S.L. directly about this. In addition to the right to file a complaint with Montgó Lifestyle S.L., you also always have the right to file a complaint with the supervisory authority in the field of privacy protection: the Dutch Data Protection Authority, P.O. Box 93374, 2509 AJ in The Hague, 070-888 5000.

#### **Article 13. Contact details Montgó Lifestyle S.L.**

Company name: Montgó Lifestyle S.L.

Chamber of Commerce number: ESB09742982

Address: Calle Fora Mur 12-BajoE-mail: [info@montgolifestyle.com](mailto:info@montgolifestyle.com)

Postal code and city: 03700 Denia- AlicanteWebsite: [www.montgolifestyle.com](http://www.montgolifestyle.com)